

DAY OF SURGERY

When you arrive at the Surgical Institute of Michigan, please park at the rear of the building and proceed to the second floor. If you need assistance in entering the building, please call 734-729-7960 and someone will assist you. You will check in at the front desk on the second floor.

It is important that you have arranged for care of your children on the day of surgery. If you are unable to find child care, another adult other than yourself must remain in the center to supervise your children.

On the day of surgery, you, the patient or parent of a minor, must bring a photo ID and insurance cards. If you are the patient's guardian (other than a parent), you will also need to bring proof of guardianship or power of attorney for healthcare papers.

You also must have arranged for someone to stay with you for 24 hours following your procedure.

Please note: You must have someone to drive you home; you will not be able to drive for 24 hours following your procedure. Identification bracelets are given to all patients and parents of children under 18 years of age; it is important to keep these bracelets on at all times while at the center.

A list of personal care items to bring with you the day of surgery is noted below.

The duration of procedures can vary, and some take longer than planned. Unfortunately, this can lead to a delay for you if the previous patient needs a little more recovery time than expected. Please know that we do our best to keep surgeries on time as scheduled whenever possible.

PERSONAL CARE ITEMS:

- **Insulin:** If you are diabetic, please follow instructions from your physician or from the nurse who does your pre-operative phone call. Please bring your diabetic supplies with you. We will check your sugar throughout your stay at the Surgical Institute of Michigan.
- **Nitro Spray/Inhalers:** If you have a nitro spray for chest pain or an inhaler for breathing problems, please bring this with you.
- **Hearing Aids:** Please wear your hearing aids to your appointment and bring a case for them, as you will need to remove them before for your procedure.
- **Contact Lenses:** If possible, we prefer you do not wear contact lenses, as you will need to remove them before your procedure. Please wear your eyeglasses and bring a case for them to ensure they do not get damaged.

- **Dental:** You may brush your teeth, but please do not swallow any water. If you wear dentures, please bring a container for them.
- **Clothing:** Please wear loose, comfortable clothing that will be easy to slip off and on. With knee surgery, sweat pants will be most comfortable; slim fitting pants or jeans will not go over a bulky knee dressing. For shoulder surgery, a loose button-down shirt is best for accommodating an immobilizer or sling.
- **Cosmetics:** Please do not wear make-up or nail polish (this includes acrylics and gels).
- **Jewelry/Valuable Items:** All jewelry—including all body piercings—must be removed before your procedure, so please leave these at home. Similarly, please do not bring large amounts of cash (unless it is necessary for you to pay your bill).
- **Ostomy:** If you have a stoma, please bring a spare bag with you. We do not carry any ostomy products at Surgical Institute of Michigan.

If your child is having surgery, we strongly suggest not bringing other children with you to the surgery center if at all possible, as your child undergoing surgery will need your full attention.

- **Child Care Items:** Bring your child's familiar comfort items such as a pacifier, blanket or small toy. For your child to have milk, juice or water after their surgery, please bring an empty sippy cup or bottle and milk or formula of your choice. We also recommend bringing spare diapers to keep your child comfortable.

AFTER CHECK IN:

After completion of the check-in process, you will be called back to the pre-operative area and asked to change into a gown. Your temperature, pulse and blood pressure will be checked and any other necessary tests will be performed. You will be cared for by a registered nurse and a nursing assistant.

You will be asked to verify the medical information given to the nurse during the pre-operative phone call. You will also be asked to sign consent forms, with the surgical consent form being signed after your doctor has met with you.

Your anesthesia doctor will review your medical history and any applicable test results and meet with you before your procedure. He will discuss the

type of anesthesia best suited for you based on the procedure you are having. He may perform, with your consent, a pain block if appropriate.

Once you are prepared for the procedure, you can choose to have a family member or friend come back to sit with you. Parents will stay with their child until the time of surgery.

When it is time for your surgery, you will be taken to the operating/procedure room by a surgical nurse and anesthesia provider. The amount of time spent in surgery depends on your particular procedure.

Please note: While you are at the center, your family member/friend is expected to remain in the building.

If you have any further questions, please feel free to call us at 734-729-7960.